

Sonam Tshedzom Tingkhye

CV

b. 1997 Seattle, WA, USA
Lives in Seattle, Washington

Education

2018-2022 The Boston Conservatory at Berklee, BFA in Contemporary Dance Performance
Contemporary/Release: Diane Arvanites, Alissa Cardone, Brian McGinnis
Countertechnique: Joy Davis - **Limon:** Kurt Douglas - **Horton:** Jimmy Viera
Graham: Ruka White - **Laban:** Leslie Shafer Koval - **Cunningham:** Joshua Tuason
Gaga: Ana Harmon - **HipHop:** Jazelynn Goudy, Duane Lee Holland Jr
Ballet: Gianni Di marco, Danny Pelzig, Marcus Schulkind, Adriana Suarez, Dean Vollick
Jazz: Ramone Owens, Jimmy Viera - **Improv/Contact Partnering:** Olivier Besson
Upside Down: Jun Kuribayashi - **Composition:** Daniel McCusker, Brian McGinnis
Acting: Candice Brown, Naomi Bailis

2015-2017 Shoreline Community College, AA in Independent Studies w/ focus in music
Funk n Groove: Jeff Kashiwa **Piano:** Jensina Oliver **Voice:** Dr. Cynthia Grace
Music Theory: Jeff Junkinsmith

2001-2015 The Creative Dance Center
Anne Green Gilbert, Anna Mansbridge, Terry Goetz

Awards / Scholarships / Recognitions

2025	<i>Northwest New Works Returns</i>	Seattle Dances
2025	<i>The Task of Untying</i>	Arcade NW
2022	Alumni Award	The Boston Conservatory
2022	<i>Tibetan Cinema's Homecoming</i>	TibetScapes
2018-22	Julie Thompson Memorial Scholarship	The Boston Conservatory
2018-22	Thrive Scholarship	The Boston Conservatory

Choreography/ Productions / Exhibition

2025*	<i>upcoming work</i>	Solo	CO-Seattle
2025*	<i>upcoming work</i>	Solo	__poetry
2025	"Returning"	Solo	On the Boards
2024	"Somewhere at the middle"	Duet	Arts on Site, w/Motlee Party
2024	"PER(SEVER)E"	Solo	Rubin Museum of Art, MAI
2024	"The Roof is Leaking"	Duet	Velocity Dance Center
2023	"We will see..."	Ensemble	Kaleidoscope Dance Co
2022	"Restoration era MacBeth"	Ensemble	Henry Purcell Society
2022	"Gallery of Tundzam"	Trio	The Boston Conservatory
2022	"La Clemenza di Tito"	Ensemble	The Boston Conservatory
2020	"An Offering"	Solo	Yakpo Collective
2020	"Earth"	Solo	Heruka Online Festival
2017	"Mig Kyo Nag Tsel"	Ensemble	Kaleidoscope Dance Co

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CV

2016 “Electrical Streams” Ensemble Kaleidoscope Dance Co

Films

2023	“Home”	NW Film Forum; South Sound Film Festival
2023	“Home”	Dance on Camera; Dance film Lab
2023	“Concert with the Countess”	Pacific MusicWorks - promotional video
2022	“Kora”	Yakpo Collective / Brooklyn Museum
2022	“Home”	Tibet Film Festival
2022	“not outside”	Boco Film Festival
2022	“Stardust”	Boco Film Festival
2021	“Kora”	BOCO: WinterWorks Film Festival
2021	“Home”	Tibet Fest

Company / Collective

2025	Light Aloud	Fox Whitney
2023-24	Malacarne	Alice Gosti
2022	HybridMotion	Jun Kuribayashi
2020-25	Motlee Party	Avery Gerhardt
2019-25	Boston Early Music Festival	Paul O’Dette, Stephen Stubbs, Gilbert Blin
2017-18	The Three Yells	Veronica Lee-Baik
2017-18	Beautiful Carcass	Maya Soto, Nico Towers
2008-15	Kaleidoscope Dance Co	Anna Green Gilbert

Performance / Festival / Showing

2026*	Vivaldi Concerto	Seattle Bach Festival
2025	Walk Don’t Run	Alyza DelPan-Monley
2025	Propel	Eva Crystal
2025	Bach in Motion	Seattle Bach Festival, Anna Mansbridge
2025	Loneliness Triptych	Volta Collective
2024	The Body of Pain	Skye Hughes
2023	A Concert w/The Countess	PacificMusicWorks
2023	Chamber Dance Company	Noel Price-Bracy
2022	Wayward Sisters	PacificMusicWorks
2022	Shelter	Urban Bush Women - BoCo
2022	If These Corpses Were...	Robert Moses’ Kin - BoCo
2022	CON.VER.SA.TION.S	Juel D.Lane - BoCo
2022	Luza	Catherine Coury - BoCo
2021	Binding Song	Edisa Weeks - BoCo
2021	UN-EARTH	Alex Meeth -BoCo
2020	Crown Vector	William Isaac - BoCo

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CV

2020	Story Time	Tj Canon - BoCo
2020	1134: A Study on Load...	Avery Gerhardt - BoCo
2019	Babel	Ruka Hatua-Saar White - BoCo
2019	Raising Fear	Jennifer Archibald - BoCo
2019	Insight Reflections	Key'aira Lockett - BoCo
2017	Full Tilt	Wade Madsen
2016	Converge	LROD, Xaviera Vandermay
2016	Gluck's Orpheus Eurydice	University of Washington, Anna Mansbridge
2015	SIDF	Cyrus Khambatta, Sam Picart
2014	Global Party	STG Presents, Gansango Music and Dance
2013	Le Bourgeois Gentilhomme	Cornish College of the Arts, Anna Mansbridge
2013	For Peace for Tibet	STG Presents, Techung
2012	Global Party	STG Presents, Tibetan Culture Class
2012	More Music @ the Moore	STG Presents, Tshedzom
2011	The Indian Queen	Seattle Early Dance
2009-14	TibetFest	Tshedzom, Tibetan Culture Class, Techung

Tours

2027*	The Dragon of Wantley	Boston Early Music Festival - USA, east coast
2026*	Don Quichotte	Boston Early Music Festival - Europe
2026*	A Concert w/The Countess	PacificMusic Works - USA, west coast
2025	The Dragon of Wantley	Boston Early Music Festival - Europe
2024	Don Quichotte	Boston Early Music Festival - USA, east coast
2023	The Dragon of Wantley	Boston Early Music Festival - USA, east coast
2022	Lully & Charpentier	Boston Early Music Festival - USA, east coast

Music Videos / Short Films

2025*	"Bitter Orange"	Aura Rudall
2023	"That Child"	Aura Rudall
2021	"To Friends"	Sara Markovic
2018	"Animal or Man"	Aura Rudall

Workshop / Fellowship

2025	Embracing the Awkward	Ishmael Houston-Jones - Tictac Art Centre
2024	Cleaning The House	Marina Abramovic Institute: MAI
2023-25	SFD+I	Faye Driscoll, Meg Stuart, Mariana Valencia, Ryuta Iwashita, Malcolm x-Betts, Degenerate Art Ensemble - Velocity Dance Center
2023	"10's with Shoes"	Merce Cunningham Trust
2023	"Pepperland"	Mark Morris Dance Group
2017		Dance Educator Association of Washington

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CV

Additional Training

2023-25	Contemporary Floorwork	Undercurrent
2012-25	Baroque Dance	Anna Mansbridge, Melinda Sullivan, Marie-Nathalie Lacoursiere
2014-16	Classical Cello	
2008-15	Tibetan Dance, Music, Voice	Tsering Lodoe, Techung
2005-17	Spanish Classical Guitar	Robert Vierschilling
2005-11	Odissi Indian Dance	Chaitee Sangupta
2001-12	Baroque Recorder	Kim Pineda

Teaching

2024	Community Class	Boston Early Music Festival
2023	Community Class	Boston Early Music Festival
2021	Teen Intensive	Creative Dance Center
2015-18	Substitute Teacher	Creative Dance Center

Community Work / Assisting

2025	Volunteer	Velocity Dance Center
2024	Motlee Party- Assistant	The Boston Conservatory
2022-23	Board Member	Creative Dance Center
2021-22	Artist Participant	Doctoral Research: Museums & Tibetans w/Dr. Thupten Kelsang
2017-2018	Facilitator	Mighty Chix Workshop w/ Beautiful Carcass